

Name _____

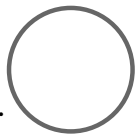
Date _____

Class _____

MENTALLY
★ WELL
SCHOOLS



How I feel now. Draw a
face to show how you feel.



I feel sad when...

Instructions: Draw pictures to show the things that make you feel sad. Label your pictures if you can.



I feel sad when...

I feel sad when...

I feel sad when...



I feel sad when...

I feel sad when...

I feel sad when...

